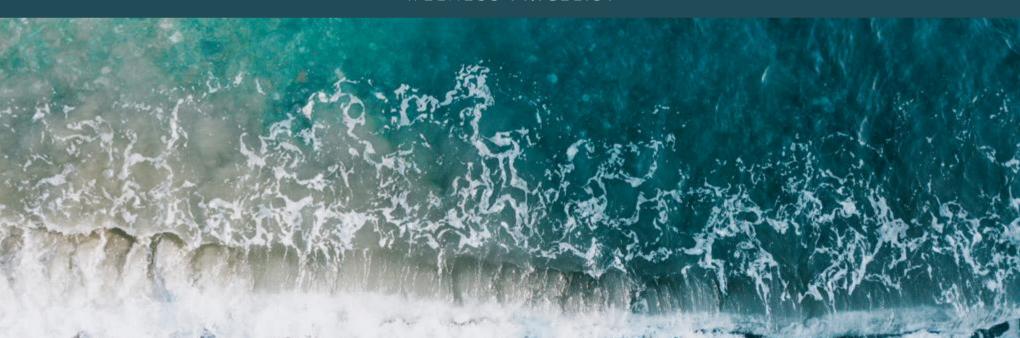


# WELNESS PRICELIST



We invite you to discover our Thalassotherapy Wellness Center, a unique and exclusive Space located on the shores of the Orio Sea, which offers treatments specially designed for the mind, body and soul.

Dive, between bubbles and jets, into the heart of our Marine Path to benefit from the unrivaled properties of sea water.

Surrender yourself to the hands of professional experts to discover innovative techniques and sublime massages and rituals designed for the pleasure of the body and skin.

Enjoy an authentic sensory experience on more than 1,800 m2 of facilities with a welcoming and avant-garde design, including rest and relaxation areas, 6 heated swimming pools, a sauna, a hammam, therapeutic showers, a fitness area fit and 8 treatment rooms.

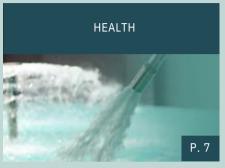
And if you dream of an escape in complete privacy, we will open the doors to our Private Thalasso Suite.

# INDEX (click to navigate)







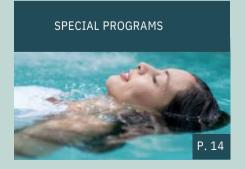




















# MARINE PATH AND FITNESS ROOM

Immerse yourself in an ocean of sensations between bubbles and water jets. Thermal journey through six heated seawater swimming pools, equipped with hydromassage beds and benches, jacuzzi and underwater jets at different levels of the body. Sauna, hammam and footbath.

A unique experience! (Try combining it with gym)

	Thalassotherap y (90')*	Gym	Thalasso (90')* + Individual	Gym For Two
1 Access Good 5	36€ / 28€**	15€ /12€**	45€ / 35€	
access Good 10	126€		126€	1
access Members	150€			
1 month	Property of	75€	135€	240€
Members 3	320€	202,50€	370€	690€
months Member	1.50	1/10-9/	650€	1150€
6 months	1000€		1100€	2000€

#### Members 1 year

<sup>\*</sup> Mandatory use of a hat and flip-flops. Access to children under 12 is not permitted.

<sup>\*\*</sup>Special rate for students, Orio residents and access from Monday to Friday from 11:30 a.m. to 4:00 p.m.

# OUR BRANDS

The laboratories with which we work have been carefully selected for the quality of their products and their natural composition, and to integrate criteria of sustainability and respect for the environment into their processes.

With our brands, we share the philosophy, respect and love of the sea and nature. With their products we offer you a marine experience, a sensory journey, an incomparable source of well-being.



Thalgo's philosophy relies on marine intelligence for the development of its products.

Its laboratories, specialized in treatments based on algae and marine extracts obtained through procedures guaranteeing the perpetuity of its nutrients, focus on projecting the energy of the sea through its products and on the development of protocols designed for overall beauty, body and mind. All Thalgo products have a purely natural composition.



For nearly 50 years, Phytomer has transformed the sea into skin care that helps reveal authentic, natural and living beauty.

Its laboratories are entirely dedicated to marine biotechnologies. They practice marine breeding in the laboratory to increase its effect on the skin, while preserving and respecting marine biodiversity.

Phytomer develops its products using environmentally friendly processes.



Pioneer in the development of natural and ecological cosmetics, as well as protocols based on the scientific principles of aromatherapy and herbal medicine.

Arôms Natur is based on a holistic concept of health which includes nutritherapy, nutricosmetics and treatments with effective ingredients for the balance and beauty of the skin.

They use exclusively certified ecological natural plant raw materials.

## HEALTH

#### HYDROTHERAPY

Source of health. Combines, for therapeutic purposes, moving water with different techniques. A healthy way to disconnect from everything around us and release tension.

#### ALGOTHERAPY & MUD WRAP

Enjoy a mineral journey through our algae and mud wraps, essential allies of thalassotherapy and real mines of vitamins, trace elements, mineral salts and proteins.

#### NUTRITIONAL HEALTH

We work to promote healthy eating habits that promote balance in the body.

#### OSTEOPATHY

Therapeutic discipline which observes the body as a whole. Improves mobility, coordination and balance and treats sports injuries, osteoarthritis and digestive problems, among other things.

#### **HYDROTHERAPY** Muscle relaxation treatment which Shower Jet 10' activates circulation using a pressurized 37€ iet. Treatment that combines the Vichy Shower with application of water at different 20' 🕥 43€ levels of pressure and temperature **Body Scrub** with a body scrub. Treatment that combines the Vichy Shower application of water at different 20' (T) 52€ levels of pressure and temperature, with Massage with an aromatic therapeutic massage. Individual bath with underwater jets ideal for circulation, combined with Bain 20' (V) algotherapy and aromatic oils for body 42€ hydromassant hydration and deep relaxation.

Nature's whims

exfoliation and wrap.

textures of the citrus-flavored

45 € 67€

#### Marine Prelude

Body wrap with holistic results thanks to the minerals contained in the

Unique pleasures thanks to the incomparable aromas and exquisite

magnificent 100% natural Dead Sea mud, with anti-inflammatory, dermatological, detoxifying and moisturizing properties. Improves joint and rheumatological mobility.

85'€ 124€

50'€ 84€

#### **OSTEOPATHY**

First consultation 75 €

**NUTRITIONAL HEALTH** 

Monitoring and maintenance 30 €

First consultation 80 €

Monitoring and maintenance 65 €

#### **Total Marine**

100% pure and natural micro-burst algae wrap, rich in minerals, vitamins and trace elements, with firming and anti-cellulite properties.

75' € 104€

## ALGOTHERAPY & MUD WRAP

#### Thalasso at Villa Anti

Purifying body wrap. This mud. extracted from the depths of the Breton sea, is rich in marine sediments, mineral salts and trace elements.

More d'Orio

Sensational wrap with slimming and detoxifying effect, rich in minerals. trace elements and jodine, composed of micronized algae and natural sea salt.

45 € 67€

# CLASSIC & WORLD MASSAGES

Travel around the world. Take care of yourself, pamper yourself, let expert hands release your tensions, recharge your energy. Allow yourself to take a break and enjoy the silence. Let yourself be carried away by the delicate scent of oils and ointments...



#### CLASSIC MASSAGES

#### Massage relaxant

Active and stimulating massage that produces a revitalizing effect. Reduces tension and anxiety.

25' √ 46€

50' € 72€

#### Sports massage

Therapeutic massage aimed at athletic people. Improves mobility and elasticity.

50' € 78€

#### **Comfort Legs**

Leg and foot massage, activates circulation and relieves heaviness.

40' € 62€

#### Facial massage

Treatment aimed at eliminating facial tension through gentle manipulations.

20' € 45€

#### Relaxing Massage

Therapeutic massage. Improves mobility and promotes elasticity of stressed muscle.

25' € 49€

50' € 78€

#### Light legs

Specific comfort and relaxation treatment, intended to relax legs with excessive muscular load.

45' € 67€

#### Foot massage

Gentle massage to relax the most suffering area of our body.

20' € 45€

#### Lymphatic drainage

Manual body massage designed to activate lymph circulation and promote the elimination of fluids and toxins.

50' € 75€



#### MASSAGES OF THE WORLD

#### Shambala

Ayurvedic massage of the head, face, neck and shoulders to activate facial and cranial circulation and help eliminate overload from muscles and joints.

40'€ 65€

## Hot Stone

Body massage using hot volcanic stones and aromatherapy to stimulate circulation. Relaxes body and mind and restores inner balance. Pure vital energy.

70'√\ 99€

#### Abhyanga

50'√ 74€

Ayurvedic massage, based on rhythmic and deep manipulations, combined with oils and essences to reduce fatigue, nourish the skin and improve circulation.

#### Thai

Body therapy based on the vital energy that circulates in the body. Carried out by pressures and stretches which promote joint mobility.

80' € 99€

#### Foot reflexology

Massage based on pressure of specific points aimed at relieving pain and alleviating stress.

40'√ 78€

#### **Vacation Vacation**

Deep, fluid and rhythmic massage, allowing the restoration of energy levels. relaxation and tone. Absolute disconnection.

80' € 104€

# CARE FACE

Luxury Beauty. Personalized facial treatments adapted to the needs of your skin. Based on carefully selected exclusive techniques and cosmetics. Beautifying your face is our mission.



#### Marine Sweetness

Comforting and soothing treatment for sensitive skin. Soothes and hydrates the epidermis.

50'√ 78€

#### Citizens

Treatment for urban skin. Decontaminates and restores a more even complexion to tired skin.

50'√ 88€

#### Youth Intention

Anti-wrinkle firming facial treatment.

50'√ 88€

#### Spirulina

Smoothing treatment with energizing spirulina, reinforced with marine magnesium. Combats the first signs of aging linked to urban life (stress, pollution, etc.)

50'√ 81€

#### Source Marine

Intended for particularly dehydrated or malnourished skin.

Marine trace elements promote remineralization and strengthening of the skin thanks to algae oil and wax.

50'√ 84€

#### Marine Light

Treatment that brings luminosity, clarifies and evens the skin, thanks to the marine active ingredient of brown algae. Restores the complexion and gives it an even and natural appearance.

50'√ 88€

# BODY CARE

Exclusive and professional products with delicate fragrances, aromatic oils and intoxicating textures. A holistic world of sensations, well-being and relaxation.

#### SILHOUETTE ET CONTOUR

#### Morpho Designer

Perfect contours. Body treatment with exfoliation and remodeling massage.

50'√ 82€

#### Sculptures areas

An attack treatment localized on the Abdomen-Buttocks-Thighs area, with a slimming effect.

50'√\ 82€

#### Focus Plan Slim & Firm

Anti-cellulite and firming treatment with reducing action. Smoother and firmer skin.

50' € 82€

#### Firmness Objective

Gel wrap that is applied to the body combined with a massage to regain firmness and tone.

45' € 72€

#### **RELAXERS AND RELAXERS**

Take care of yourself and discover our range of treatments to relax, escape and revitalize you.

#### Back detoxifier

Soothing and relaxing treatment. Relax your back with a sea mud mask, scrub and massage.

45' € 62€

#### Oligomer Spa

Regenerating, relaxing and revitalizing holistic treatment. It combines a complete exfoliation with a massage of the entire body.

90' € 119€

#### RITUALS

#### **HEALTH AND WELLBEING**

Freeing the mind and energizing the body is the purpose of our "Taste of the Sea" Rituals. Enter a world of aromas and delicate textures, designed to delight your senses.

#### Arctic Boreal

A stimulating experience born from the meeting of cold and heat. It is inspired by the polar nature of boreal algae whose properties offer protective deep relaxation.

50' € 80€

#### Sensual & Care Inmersion

Beauty treatment with exquisite citrus oils and kelp salt. An exclusive experience that renews and beautifies the skin while harmonizing the senses.

75 130€

#### Sunset in Orio

Body scrub followed by a gentle citrus wrap and a complete massage with grape oil and gotu kola.

#### Gold Spa Therapy

Glamor and refinement based on "Marine Gold". Golden and nourishing wrap and body massage with Nectar d'Or. A revitalizing and unique experience.

50'√ 90€

#### LUXURY

Exclusive rituals, our most elegant and refined secret. An exotic journey where every detail has been carefully taken into account. An unforgettable experience for our most demanding customers.

#### Silk Magic

Sublime ritual which begins with a delicious exfoliation followed by the application of the "silk" wrap. The final touch is a warm, deeply relaxing massage.

#### Thousand and one Night

Exclusive treatment for the face and body which represents an encounter with the most absolute well-Regenerates, revitalizes and restores youthfulness to the skin.

#### Cacao Gourmet

Antioxidant treatment focused on states of fatigue and stress. Revitalizes by generating endorphins which cause an improvement in mood. Take advantage of the super properties of Cocoa.

90' € 160€

50' € 82€

#### ROMANTIC EXPERIENCES

The green nature contrasting with the intense blue of the Cantabrian Sea... the Private Thalasso Suite... an intimate and romantic atmosphere... all the ingredients come together for a perfect romantic stay...

#### Duo ritual (1 day)

- ♦ "Sensual & Care Immersion" Ritual 75' <
- ♦ "Marine Gentleness" Facial Treatment 50' ◆
- ♦ Marine Path 90' €

225€

#### Prime Ritual (2 days)

- ♦ "Sunset in Orio" Ritual 90'
- ♦ "Spa Therapy Gold" Ritual 50 '
- ♦ Marine Path 90′ €\



#### **HEALTH AND WELLBEING**

Discover our "Health and Well-Being" programs. Villa Antilla Thalasso is a vast, surprising space dedicated to your Health, Relaxation and Well-Being.

#### Conditioner (1 day)

- ♦ Relaxing bath with aromatic salts 20' ♦
- ♦ Relaxing massage 45' ≤
- ♦ Marine Path 90' ◀

132€

#### Conditioner (3 days)

- ♦ Relaxing bath with aromatic salts 20'
- ♦ "Mer d'Orio" body wrap 45' <
- ♦ Jet shower 10' <>>
- ♦ "Morpho Designer" 50' 🕙
- ♦ Marine Path 90' <

285€

#### Body Senses (3 days)

- ♦ Relaxing bath with aromatic salts 20' <
- ♦ "Shambala" massage 40' ◆
- ♦ "Sunset in Orio" ritual 90' \( \text{\$\square} \)
- ♦ Citadine facial treatment 50' <
- ♦ Marine Path 90' ◆

390€

#### Essences of Polynesia (5 days)

- ♦ Relaxing bath with aromatic salts 20' √
- ♦ "Shambala" massage 40' 🕔
- ♦ "Magic of Silk" Ritual 90' ♦
- ♦ Youth Intention Facial Treatment 50' ♦
- ♦ "Hot Stone" massage 70' <
- ♦ Relaxing massage 25' ◆
- ♦ Marine Path 90' ◆

#### YOGA

Individual yoga sessions combined with thalassotherapy in an idyllic setting. Yoga lovers will find unique spaces here... a treasure in which energy circulates.

\*Yoga: Yoga sessions can take place in the swimming pool, indoors or outdoors depending on the weather conditions.

#### Introduction to Yoga (1 day)

- ♦ 1 individual Yoga session\*
- ♦ Marine Path 90' ←

#### 110€

#### Yoga Trails (2 days)

- ♦ 2 individual Yoga sessions\*
- ♦ Marin Path 90' €

#### 195€

#### Supra Yoga (3 days)

- ♦ "Shambala" Massage 40' √
- ♦ "Sensual & Care Immersion" Ritual 75' <
- ♦ 2 Individual Yoga Sessions\*
- ♦ Marine Path 90' <

#### **GOLDEN**

Our goal is to CARE for those who visit us, but if there are people who especially deserve it, it's those who have lived a life of caring for others. If you are over 55, we have a lot to offer you.

#### Fitness & Relax (4 days)

- ♦ Sports Massage 50' (\)
- ♦ "Mer d'Orio" Body Wrap 45' <
- ♦ Jet Shower 10' €
- ♦ 1 physical activity
- ♦ Marine Path 90'

#### 350€

#### Vital Sport Week (6 days)

- ♦ Body massage 50'
- ♦ Relaxing foot massage 20' <
- ♦ "Caprices of Nature" 85' ⟨ \
- ♦ "Comfort Legs" massage 40' <
- ♦ 3 physical activity sessions
- ♦ Marine Path 90' €\

#### 610€

#### Senior Fit – Wellness (7 days)

- ♦ "Shambala" Massage 40' (\)
- ♦ Sensual & Care Immersion Ritual 75' (1)
- ♦ Body Massage 50' 🕔
- ♦ "Wimps of Nature" 85'
- ♦ "Light Legs" 45' <
- ♦ "Morpho Designe" 50'
- ♦ "Hot Stone" Massage 70 \
- ♦ "City Girl" Facial Treatment 50' 🕔
- ♦ 4 Physical Activity sessions
- ♦ 1 Nutritional Advice
- ♦ Marine Path 90' €

#### **CULTURE AND SPORT**

The privileged environment dominated by the Sea and the Mountains and our facilities combine to offer you Culture, Gastronomy, Sport and much more...

#### Body & Mind (4 days)

- ♦ Relaxing Massage 25' <
- ♦ "Shambala" Massage 40' <
- ♦ "Mer d'Orio" Body Wrap 45' <
- ♦ "Citadine" Facial Treatment 50' <
- ♦ Marine Path 90' €

#### 350€

#### Sport Boots (5 days)

- ♦ Thai Massage 80' ﴿
- ♦ Relaxing Massage 50' ◆
- ♦ "Thalaso Villa Antilla" Body Wrap 45' <
- ♦ Jet Shower 10' <
- ◊ 3 Physical Activity Sessions
- ♦ Marine Path 90' €

# SUITE PRIVATE THALASSO

Our most VIP and glamorous space, ideal for enjoying our services as a couple or for parties and birthdays with friends. An exclusive and private suite equipped with a double jacuzzi, a Finnish sauna, a shower and a relaxation area. Come quickly and see... we are lighting the candles.

#### Program for two people

All programs include treats and a Cava tasting, access to the 60' Marine Path and loan of bathrobe and towel. Price per person, with a duration in Suite of 60 minutes.

BASIC: 88€ Enjoy the Suite for 60 minutes

SUPERIOR: 115€ Basic Suite plus a 25-minute relaxing double massage DELUXE: Basic Suite plus a 50-minute relaxing double massage

#### Programs for groups (minimum 4 people, maximum 6 people)

All programs include a tasting of sweets and infusions, access to the 60' Marine Path and loan of bathrobe and towel. Price per person, with a duration in Suite of 90 minutes.

BIRTHDAY: 68€ Includes a 25-minute Massage for the honoree, balloons and a birthday cake with

20

candles.

BETWEEN FRIENDS: **85€** Includes a 20-minute facial massage or body massage per person.
WEDDING PARTIES: **88€** Includes an exclusive "Marine Light" Treatment for the groom or bride

#### PRE AND POSTNATAL

#### PRENATAL

#### I'm going to be a mom

Body massage with specific techniques, whichz provide benefits in terms of relaxation and wellbeing for the future mother and her baby.
45' 72€

#### Prenatal Program

Complete program focused on physical fitness, preparation of the abdominal belt and improvement of circulatory problemsz and back pain.

Includes: Osteopathy (2 sessions), Nutrition, Water therapy, Circulatory and relaxing massages and personalized physicalz training (2 sessions).

8 sessions 550€

#### **POSTNATAL**

#### Massage Postnatal

Body massage aimed at relaxation and well-beingz after childbirth, with specific techniques adaptedz to your needs.

45' 72€

#### Programme Post-natal

Program that seeks to alleviate and improve the consequences of childbirth, focused on strengthening the abdominal belt and perianal muscles, recovering circulatory balance, relaxing the back and recovering optimal weight.

Includes 2 sessions of: Osteopathy, Nutrition, Water therapy, Circulatory and relaxing massages, and personalized physical training.

12 sessions 750€

# EXPERIENCES TO OFFER... OR TO ENJOY IT!

#### WITHOUT ACCOMMODATION

\*Price per person per night.
Valid for 3 months from date of purchase.
It is necessary to make a prior reservation.
Hat and flip-flops required Parcours Marin: entry from 12 years old.
Menus do not include drinks.

#### Marine Breakfast

- ♦ Marine Path 90' ◀
- ♦ Buffet breakfast

#### 45€

#### Gastro Relax

- ♦ Marine Path 90' <
- ♦ Lunch or Dinner:

Daily menu (weekdays) Tasting menu (weekends)

#### During the week: 52€

(Public holidays are excluded. Valid in low season.)

#### Week-end: 92€

#### Marine Naps

- ♦ Marine Path 90' <
- $\Diamond$  Chocolate and churros snack facing the sea
- ♦ Double room (check-in from 4 p.m. Checkout at 8 p.m.)
- **92€** (price per couple). Valid in low season)

#### **Getting Pampered**

- ♦ Marine Path 90' €
- ♦ 25' relaxing massage <
- ♦ Lunch or Dinner:

Daily menu (weekdays) Tasting menu (weekends)

#### During the week: 94€\*

(Public holidays are excluded. Valid in low season.)

Week-end: 134€



# EXPERIENCES TO OFFER... OR TO ENJOY!

#### WITH ACCOMMODATION

#### **HEALTH AND WELLBEING**

#### Escapade Thalasso

- ♦ Accommodation in a double room
- ♦ Breakfast included
- ♦ Marine Path 90' ✓

79€

#### Relaxing getaway

- ♦ Accommodation in a double room
- ♦ Breakfast included
- ♦ Marine Path 90' ◀\
- ♦ Welcome gift in room
- ♦ Relaxing massage 45' ◀

156€

#### **Revitalizing Getaway**

- Accommodation in a double room
- ♦ Marine Path 90' (1)
- ♦ Dinner (Menu) and breakfast
- ♦ Relaxing bath with aromatic salts 20' ◆
- ♦ Relaxing massage with aromatherapy 45' <

210€

#### **Escapade Gourmet Thalasso**

- ♦ Accommodation in a double room ♦
- Breakfast included
- ♦ Marine Path 90' €
- ♦ Dinner Tasting Menu

150€

# \*Price per person per night. Valid for 3 months from date of purchase. It is necessary to make a prior reservation. Hat and flip-flops required Parcours Marin: entry from 12 years old. Menus do not include drinks.

#### **CULTURE AND SPORT**

#### Cultural getaway

- ♦ Accommodation in a double room
- ♦ Marine Path 90' ✓ \
- ♦ Dinner (Menu) and breakfast
- ♦ Entrance to the Balenciaga Museum or the San Sebastian Aquarium

120€

#### Get away from it all Be active

- ♦ Accommodation in a double room
- ♦ Marine Path 90' €
- ♦ Dinner (Menu) and breakfast
- ♦ 1 activity of your choice between Rowing, Kayaking, Boat Routes, Horseback riding, etc.

# EXPERIENCES TO OFFER... OR TO ENJOY!

WITH ACCOMMODATION

#### ROMANTIC EXPERIENCES

#### Suite Nights

- ♦ Stay in a room with sea view
- ♦ Breakfast included
- ♦ Marine Path 90' ◀
- ♦ 60' Private Thalasso Suite 🕙
- ♦ Dinner (Tasting Menu)

#### 220€

#### Duo Ritual

- ♦ Stay in a double room ♦ Marine Path 90'
- ♦ Dinner (Menu) and breakfast
- ♦ "Sensual & Care Immersion" Ritual 75'
- ♦ "Douceur Marine" Facial Treatment 50'z

#### 299€

#### First Ritual 2 nights

- ♦ Stay in a double room
- ♦ Marine tour 90'
- $\Diamond$  Dinner (Menu) and breakfast
- $\Diamond$  "Sunset in Orio" ritual 90'  ${}^{\triangleleft}\bigcirc$
- ♦ "Spa Therapy Orio" ritual 50'z



#### Practical Information and Reservations

You can make your reservation by telephone at +34-943-89-21-02 (option 2), by sending an email to reservastalaso@villaantilla.com or by going to the Reception of the Well-being and Thalassotherapy Center. We advise you to book at least one day in advance.

The use of a towel or bathrobe, hat, flip-flops and swimsuit or bikini is mandatory in the water area. You can purchase them at the Center reception. In the gym, sports clothing is mandatory.

For treatments, you are asked to arrive for your appointment 10 minutes in advance. Any delay will result in a reduction in processing time to avoid harm to subsequent clients.

Some of our services and treatments may present contraindications at certain stages of pregnancy. If you think you may be pregnant, please let our staff know so you can enjoy the experience safely.

Consult your doctor if you have health problems. In certain situations, Thalassotherapy may not be recommended.

We advise you not to bring valuable objects into the aquatic area.

You are asked to speak gently and contribute to an atmosphere of serenity and respect, especially in the treatment area.

Children under 16 must be accompanied by an adult. Access to children under 12 is not permitted.

It is forbidden to bring food or drinks.

Please communicate any cancellation at least 12 hours in advance. In the event of subsequent cancellations, the amount of the reserved treatment will be charged.

The Center team wishes you a pleasant experience.

Hontardza Bidea, 1, 20810 Orio, Gipuzkoa reservastalaso@villaantilla.com +34 943 89 21

02

www.villaantilla.com







